Utilizing Ultra-Sensitive Techniques (NGS and ddPCR) in MRD-Guided Treatment Strategies for AML Patients



NGS

Next-Generation Sequencing for MRD detection

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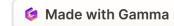
ddPCR

Droplet Digital PCR for precise MRD quantification

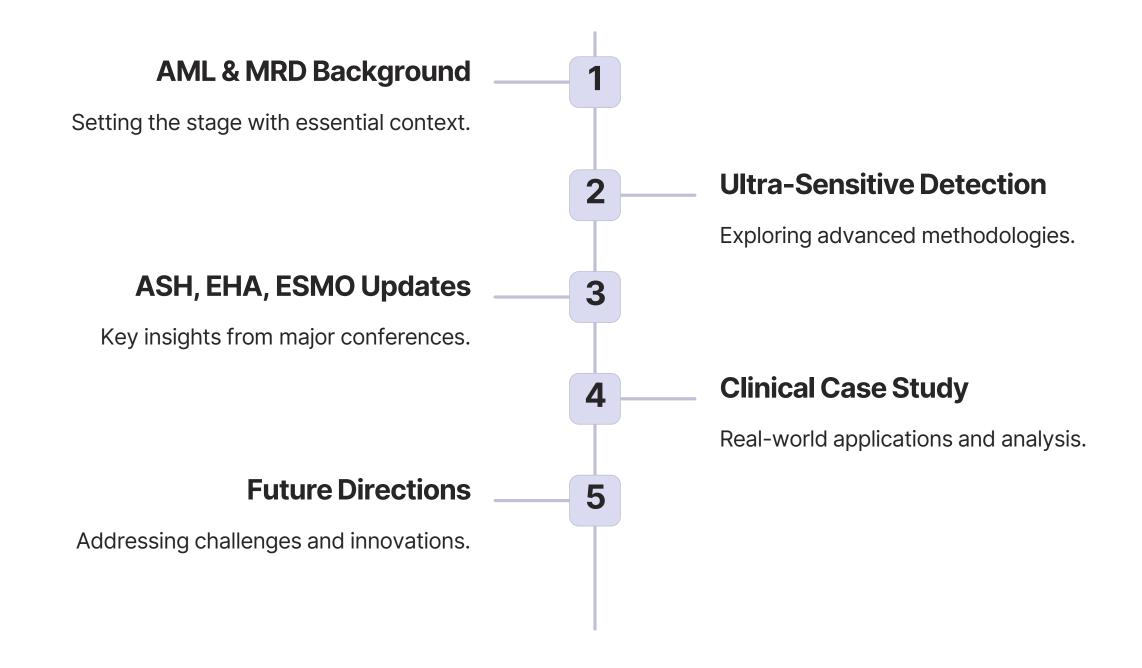


MRD-Guided Treatment

Personalized treatment plans based on MRD results



Presentation Overview





Understanding Minimal Residual Disease (MRD)

Definition

MRD refers to the small number of cancer cells that remain in the body after treatment.

Importance

MRD status can be a significant prognostic factor, potentially more so than genetic subtype, indicating relapse risk in AML.

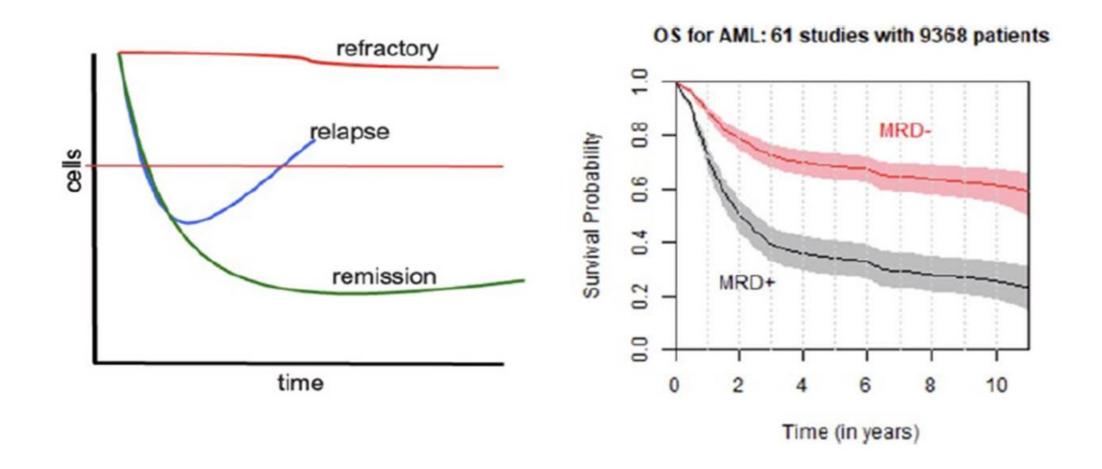
Detection

Sensitive methods are essential for identifying these minute cancer cell populations.

Clinical Impact

MRD status influences treatment decisions and prognosis, making post-treatment monitoring crucial.

Resistance, Response, and MRD in AML



4 meta-analysis of nearly 10,000 AML cases highlights the impact of MRD status on patient outcomes. However, the analysis also reveals that MRD status is not perfectly predictive: some MRD-negative patients relapse, while some MRD-positive patients do not. Understanding the limitations of MRD status is key to improving treatment strategies.

Importance and Study of Clonal Ontogeny

1 Clonal Evolution and Heterogeneity

Study clonal ontogeny to identify clonal competition/cooperation, using evolutionary rules against virulent clones.

2 Tracking Residual Disease

Characterize/track leukemic clones to predict and potentially abort future relapse.

3 Targeted Therapy

Detect persistent rare clones with sensitive methods for specific targeted therapy.

4 Predicting Treatment Outcomes

Improve clonal detection/characterization as early marker of therapeutic efficacy.

Clonal ontogeny: **acquisition, evolution, and selection of genetic clones**. Understanding clonal ontogeny in the context of AML treatment and response follows several paths:

Techniques to Study Clonal Ontogeny and MRD

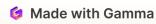
Next-Generation Sequencing (NGS)

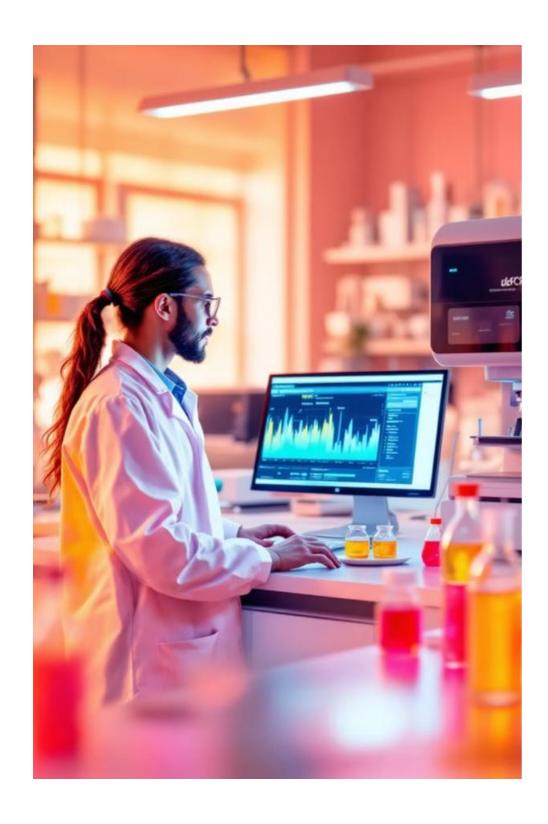
Genetic panel, whole-exome, or whole-genome sequencing

Single-Cell Genomics

Targeted Gene Molecular Monitoring

Quantitative PCR or digital PCR





Comparing NGS and ddPCR

Aspect	NGS	ddPCR
Sensitivity	High	Very High
Specificity	High	High
Turnaround Time	Longer	Shorter
Cost	Higher	Lower
Sample Requirements	More	Less

By combining MRD with mutation tracking, we can gain a better understanding of how clones evolve over time and predict relapse more accurately.

The Discrepancy in MRD Results

MRD-positive Patients

Some MRD-positive patients remain disease-free for extended periods, challenging the direct correlation between MRD and relapse.

MRD-negative Patients

Some MRD-negative patients later relapse, indicating that current detection methods may not always capture the full picture.

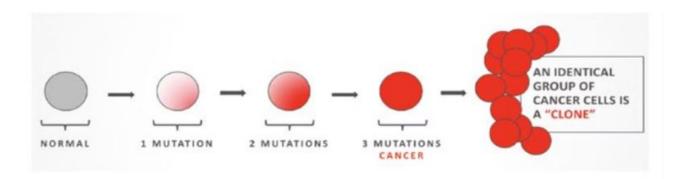
	Relapse status		
MRD status	Yes	No	
Yes	Disease persists Test works!	Mutations not responsible for pre-malignant transformation and/or Mutation present in lineage not prone to leukemia and/or Active immune suppression and/or Other molecular reprogramming that prevents progression	
No	Insufficient test sensitivity and/or Genetic marker instability and/or New clone/disease	No evidence of disease Test works!	

MRD is a strong predictor, but it's not without flaws. MRD alone doesn't tell the full story.

Linear vs. Branched Evolution

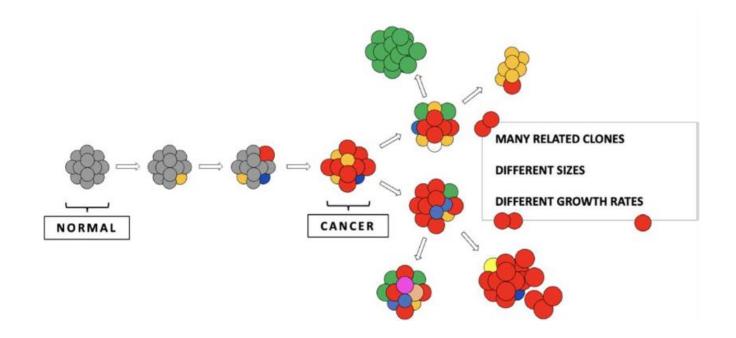
Linear Evolution

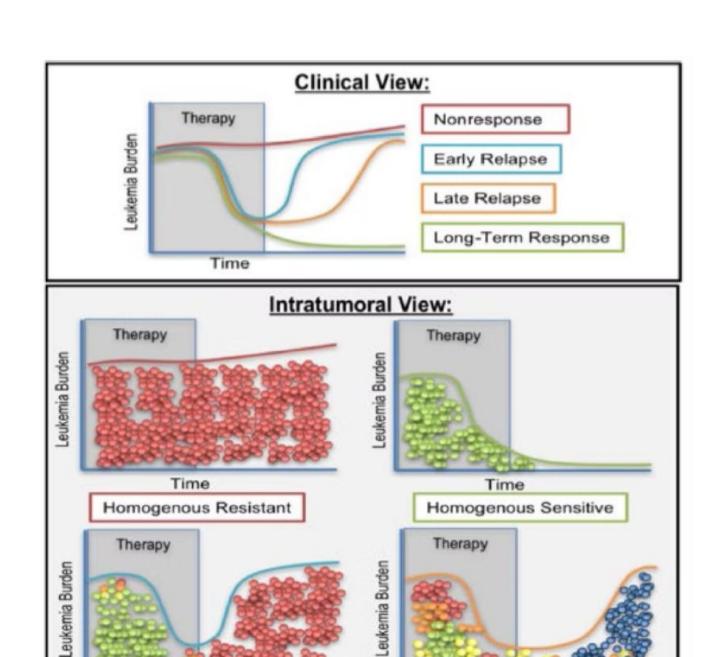
A clone evolves by accumulating sequential, biologically relevant mutations, creating a large cancer clone of a similar phenotype (resistant or sensitive).



Branched Evolution

Related clones with similar or dissimilar biological properties compete, cooperate, and are differentially selected by therapy in a Darwinian landscape.

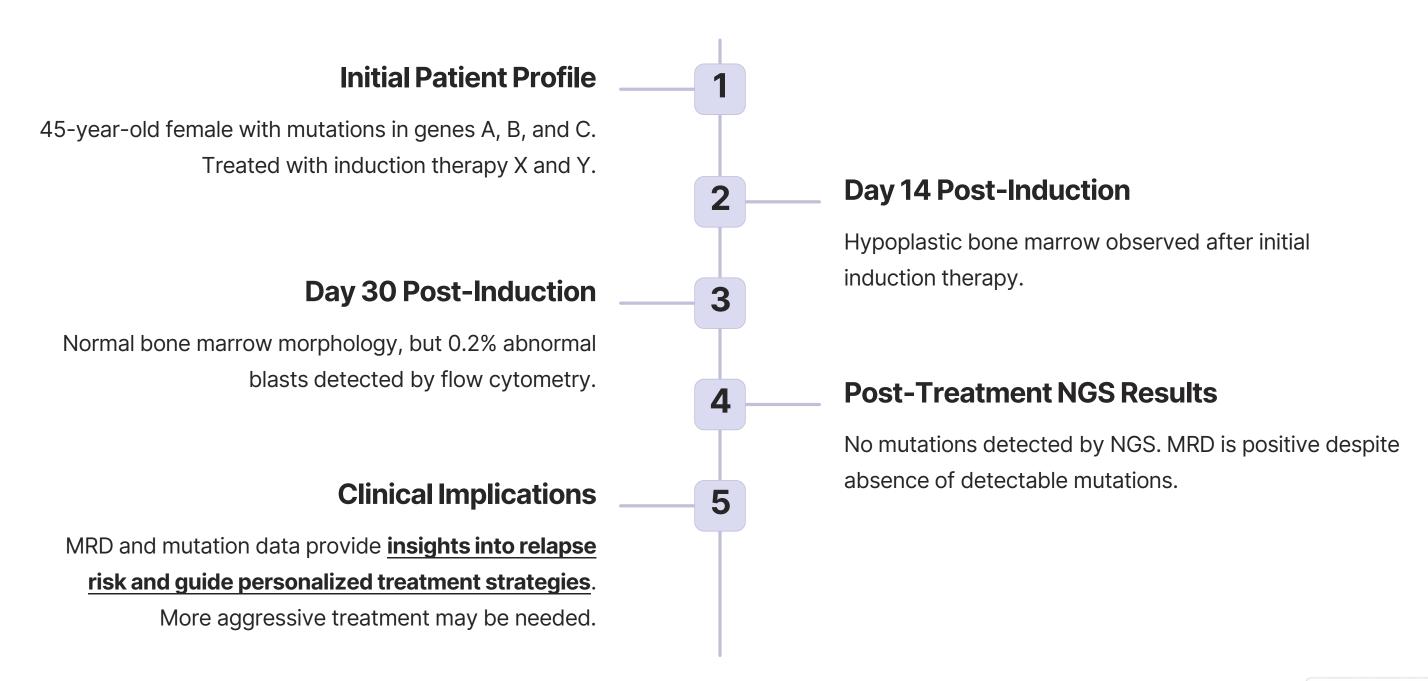




Time Survival of the Fittest Time

Secondary Clonal Evolution

Patient Profile and MRD Assessment Timeline





The Role of CHIP in MRD Interpretation

What is CHIP?

Clonal Hematopoiesis of Indeterminate Potential (CHIP):

Low-level mutations found in normal individuals that may also be present in AML patients.

Why it Matters

Implications: CHIP mutations can affect MRD interpretation and complicate diagnosis, influencing relapse predictions.

CHIP refers to mutations that may exist in normal hematopoietic cells without leading to leukemia. These mutations can sometimes be detected in AML patients, complicating MRD interpretation and relapse predictions.

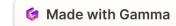
MRD-Informed Treatment Decisions for AML Patients

Transplant-Eligible

Mutation- and MRD-informed treatment decisions

Transplant-Ineligible

Mutation- and MRD-informed treatments



MRD-Guided Treatment Strategies for AML

1

Select MRD Technology

Choose appropriate technology based on ELN risk groups.

2

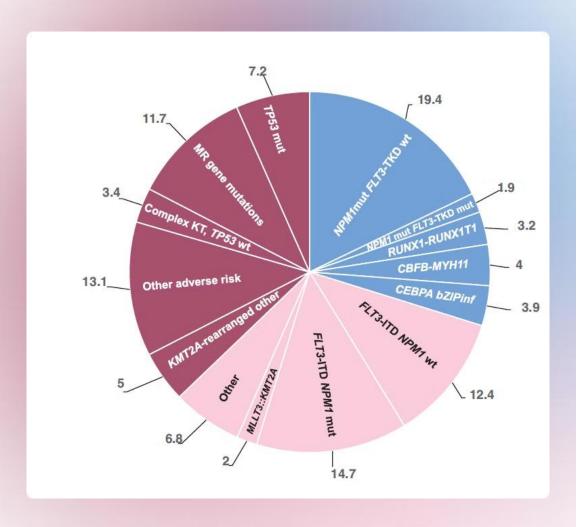
Apply Prognostic Implications

Apply mutations and MRD to risk groups and treatment phases.

3

Compare Treatment Options

Evaluate options for MRD-positive and MRD-negative patients.



ELN 2022 Classification for AML

1118

Patients

Intensively treated AML cohort

58

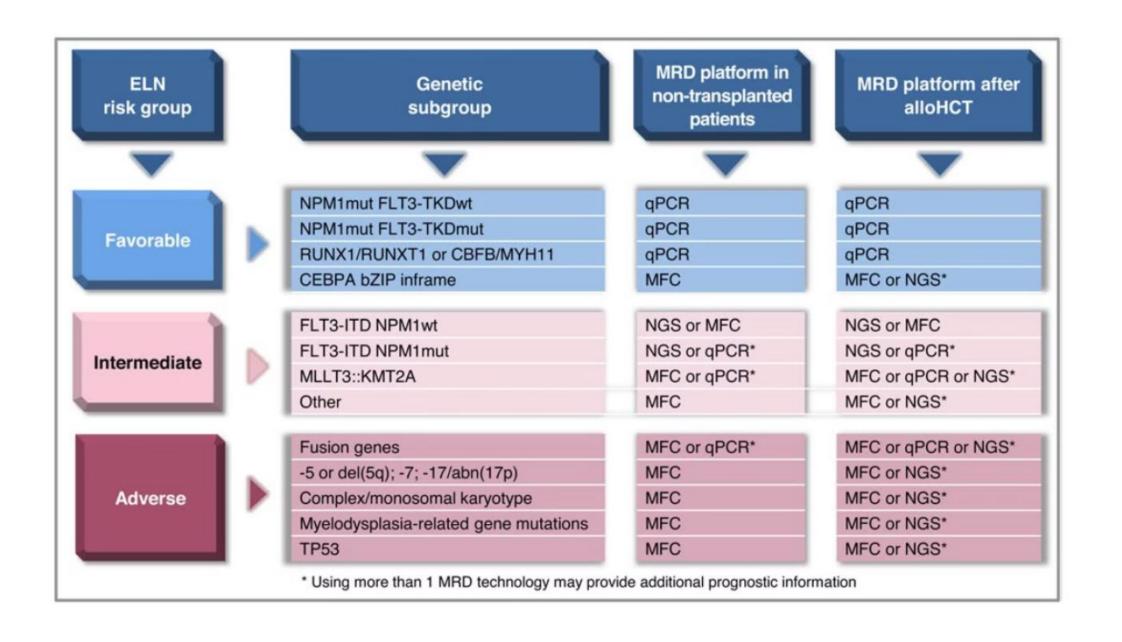
Median Age

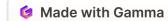
Range: 18-86 years

Frequency of molecular and therapeutic subgroups based on the ELN 2022 classification modified from Rausch et al. Reported frequencies of ELN 2022 subgroups from an intensively treated AML cohort.



Recommended MRD technology by ELN risk and genetic subgroup for pre-alloHCT and post-alloHCT MRD monitoring

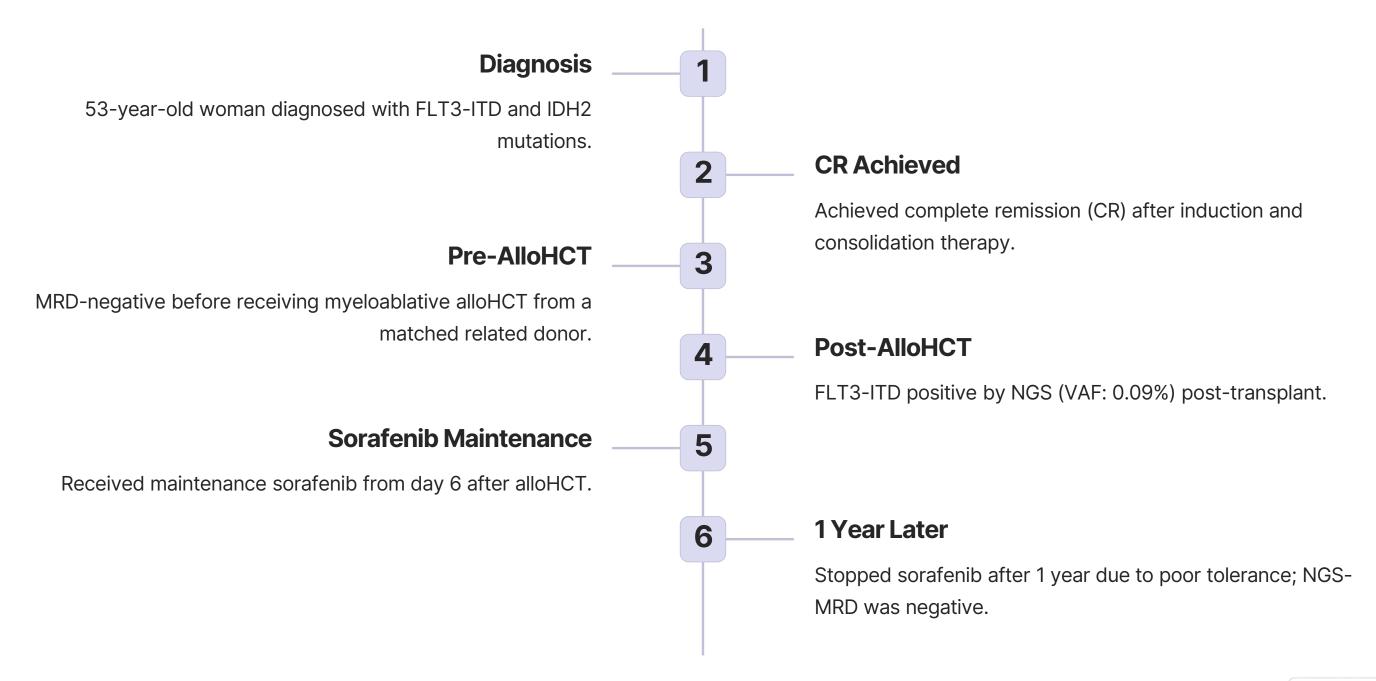




Therapeutic consequences of MRD after 2 cycles of treatment, at the end of treatment, and during follow-up for thegenetic subgroups defined by



Clinical Case 1: FLT3-ITD Mutated AML





FLT3-ITD Mutated AML: Treatment & MRD Timeline

Initial Diagnosis & Induction

7 + 3 chemotherapy with FLT3 inhibitors (midostaurin or quizartinib) for FLT3-ITD mutated AML. ELN 2022 assigns intermediate risk.

MRD-Positive Post-Induction

Proceed to alloHCT. FLT3 inhibitors can convert MRD-positive to MRD-negative.

1 2 3

Post-Induction MRD Monitoring

NGS recommended for FLT3-ITD MRD monitoring. Prognostic value after 2 chemotherapy cycles.

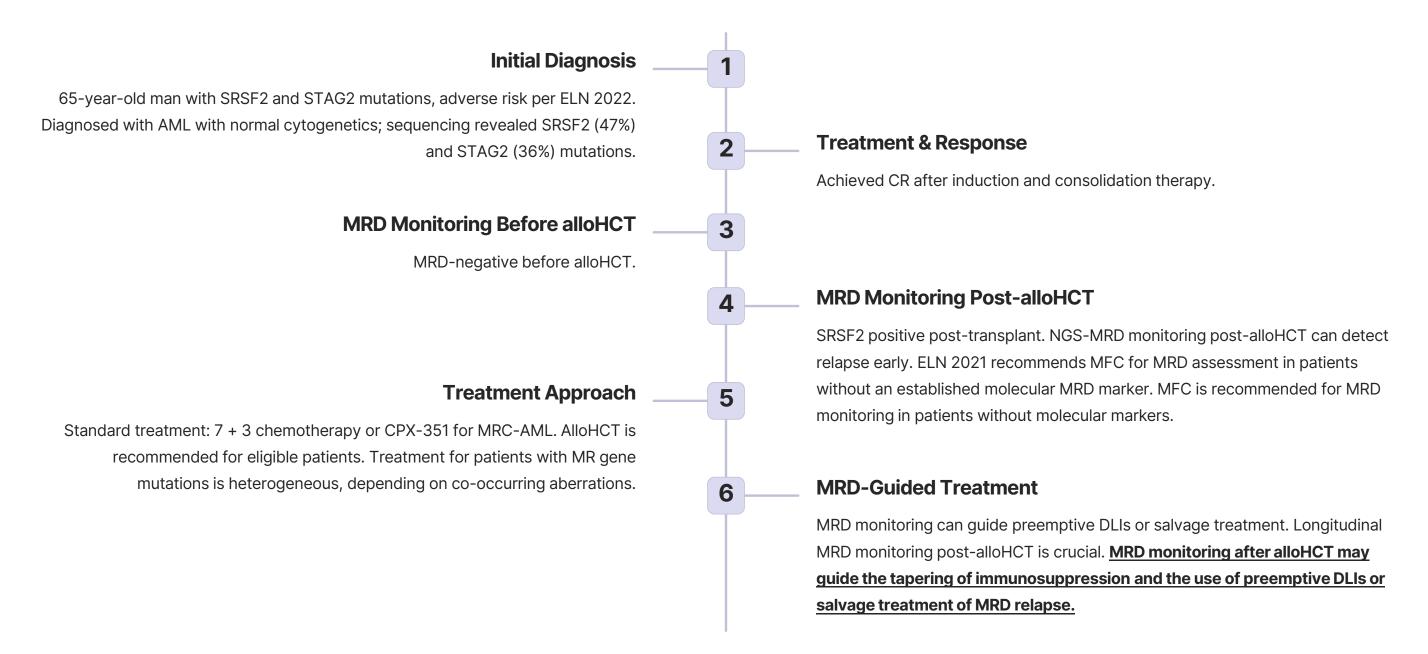
Post-alloHCT Maintenance

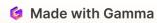
FLT3 inhibitors (e.g., sorafenib, quizartinib) improve outcomes in MRD-positive patients. Maintenance therapy duration: 5-24 months. Recommended in all FLT3-mutated patients.

AlloHCT converts 73% of MRD-positive patients to MRD negativity, improving OS in converting patients. MRD positivity before or after alloHCT is a critical indicator of a high risk of relapse.



Clinical Case 2: AML with Myelodysplasia-Related (MR) Gene Mutations





Advancements in AML Treatment

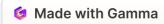
Acute Myeloid Leukemia (AML) poses significant challenges, particularly for older patients, due to comorbidities and the limitations of intensive treatments. Recent advances, however, are transforming the prognostic outlook.

Challenges in Treating Older AML Patients

- High treatment-related mortality
- Limited use of intensive chemotherapy (IC) and allogeneic hematopoietic cell transplantation (HCT)
- Persistent measurable residual disease (MRD) leading to relapse

Evolution of AML Treatment

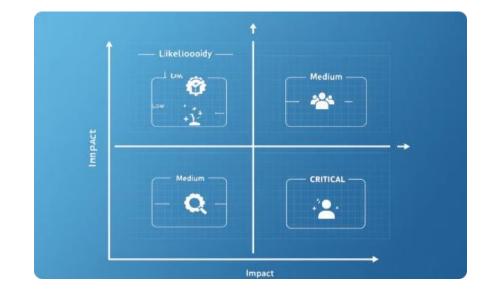
- Traditional treatments: Anthracycline + cytarabine or hypomethylating agent (HMA) monotherapy
- New standard: Azacitidine + Venetoclax (AZA-VEN)
- Targeted therapies (IDH1, IDH2, FLT3, menin inhibitors) transforming outcomes



Clinical Case Presentation







Patient Profile

73-year-old man with a history of head and neck cancer, COPD, and CHF presents with anemia and neutropenia. Bone marrow biopsy confirms AML.

Molecular Prognostication

Testing reveals a diploid karyotype and mutations in DNMT3A and IDH1. Not a candidate for induction chemotherapy due to comorbidities.

Risk Stratification

ELN 2022 guidelines are inadequate for HMA-VEN therapy. Consider 4-gene mPRS and Mayo Clinic model.



Prognostic Risk Models in AML

4-Gene Molecular Prognostic Risk Signature (mPRS)

The mPRS, defined by Döhner et al., categorizes AML patients into three groups based on potential treatment benefit:

- Higher benefit: Wild-type FLT3-ITD, N/KRAS, TP53
- Intermediate: Mutations in FLT3-ITD and/or N/KRAS, wild-type TP53
- Lower benefit: TP53 mutation

Mayo Clinic Risk-Prognostication Model

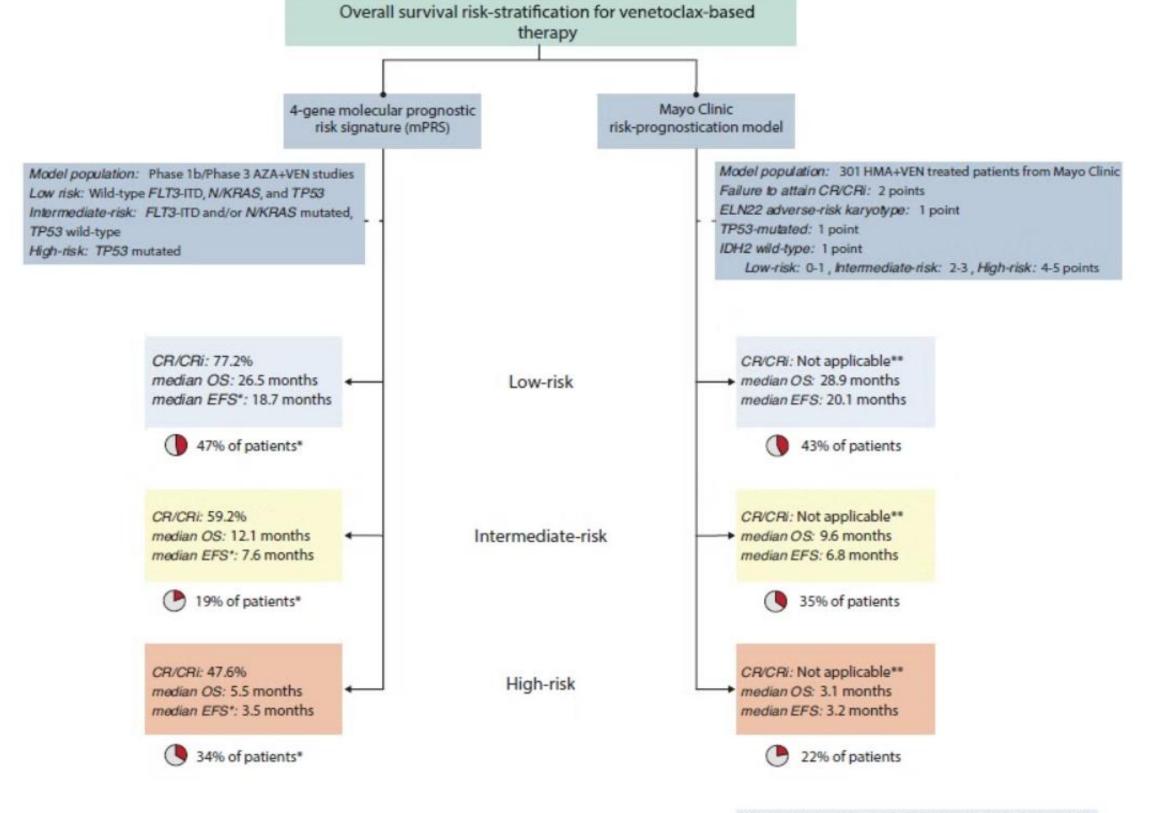
This model integrates cytogenetics, mutational status, and clinical response to assess risk:

• Low-risk: 0-1 point

Intermediate-risk: 2-3 points

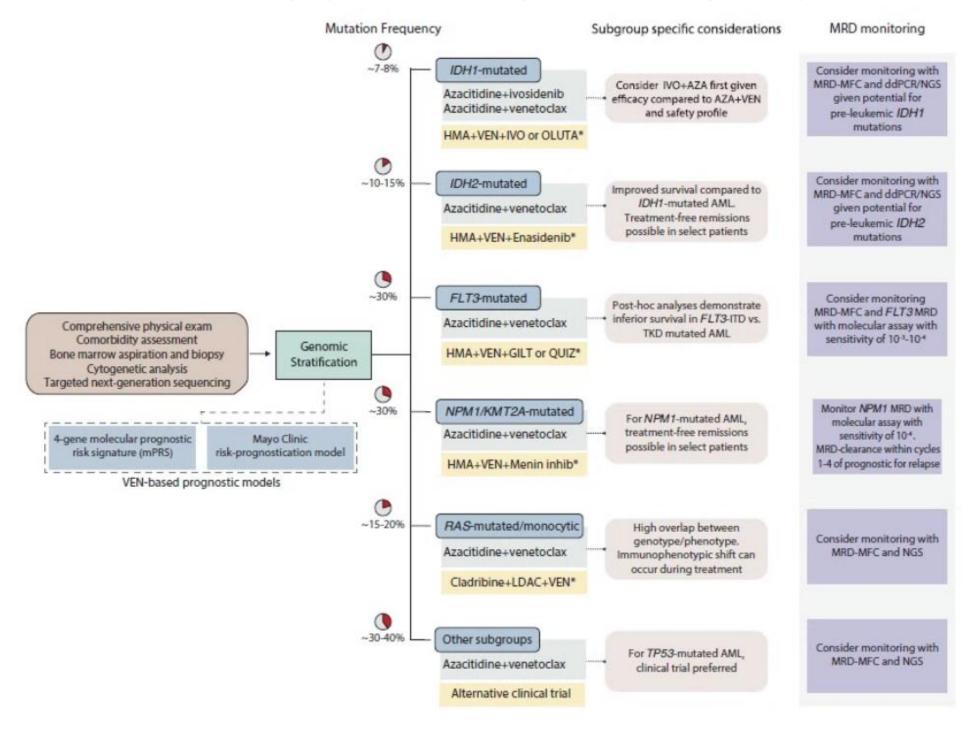
• **High-risk:** 4-5 points

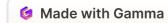




^{**} Molecular predictors of response in multivariate analysis
Favorable response: NPM1, DDX41 mutations
Unfavorable response: RUNX1, FLT3-ITD mutations.

lower-intensity treatment perspectives for older, unfit patients with AML and provides a practical





MRD-Directed Therapies

Table 1. Outcomes of genetic subgroups with VEN-based therapy

Molecular subgroup	Response (CR/CRi)	MRD-negative CR/CRi (MFC)	OS (median or 2-year)	References
IDH1	66.7% (n = 22/33)	42% (n = 5/12)	10.2 mo	Pollyea et al. CCR 2022;18 Pratz et al. AJH 202438
IDH2	86% (n = 43/50)	50% (n = 16/32)	27.5 mo	Pollyea et al. CCR 2022; ¹⁸ Pratz et al. AJH 2024 ³⁸
NPM1	66.7% (n = 18/27)	88% (n = 15/17)	2-year OS: 71.8% ⁶⁴	DiNardo et al. Blood 2020; ¹¹ Pratz et al. AJH 2024 ³⁸
FLT3-ITD	63.3% (n = 19/30)	53% (n = 9/17)	9.9 mo	Konopleva et al. CCR 2022 ¹²
FLT3-TKD	76.9% (n = 10/13)	50% (n = 2/4)	19.2 mo	Konopleva et al. CCR 2022 ¹²
N/KRAS	45% (n = 13/29)	-	12 mo	Rivera et al. AJH 2022 ⁵¹
TP53	55% (n = 21/38)	30% (n = 6/20)	5.5-7.4 mo	DiNardo et al. Blood 2020; ¹¹ Pollyea et al. CCR 2022 ¹³

1 Preventing Relapse

MRD monitoring is critical for preventing relapse in AML patients.

Rationale for MRD-Directed Therapies

Persistent MRD has an adverse prognostic impact, supporting the development of MRD-directed therapies.

3 Ongoing Studies

Studies like INTERCEPT and
MyeloMatch are investigating MRDdirected interventions to improve
survival.



Conclusion

1 Evolving Treatment Landscape

AML treatment has evolved significantly with emerging therapies and individualized prognostication.

2 MRD Monitoring

MRD monitoring is improving outcomes in AML patients.

"AML treatment has evolved tremendously since the binary options of hypomethylating agent monotherapy vs induction chemotherapy. These emerging therapeutic options, along with the preemptive treatment of MRD, rationally designed treatment combinations and sequencing approaches, and increasingly individualized prognostication tools, will assuredly further improve the treatment and survival of older adults with AML."

