

بنام حشر داوند جان و



# Diagnostic work-up of patients with Increased Bleeding Tendency

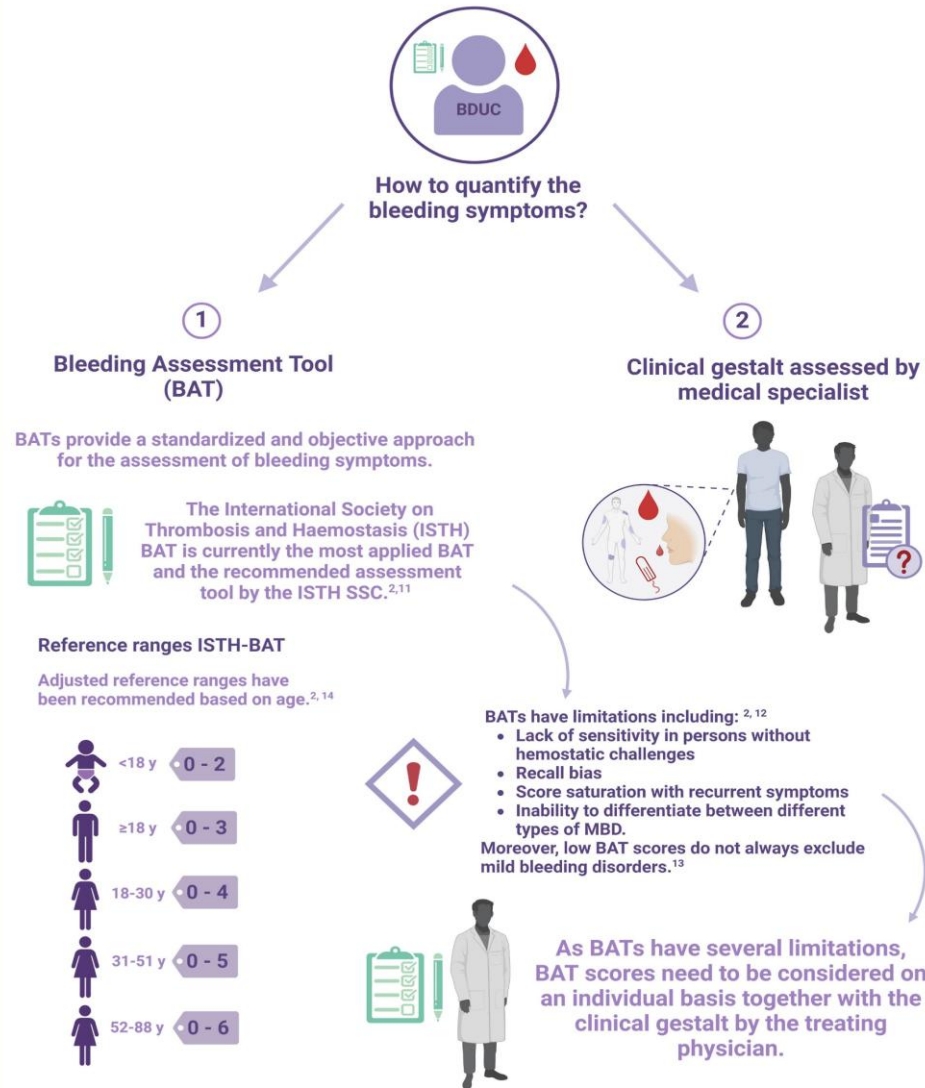
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Head of Reference Coagulation Lab of IBTO

**Tehran Heart Center - 1403**

## 5. Assessment of bleeding phenotype

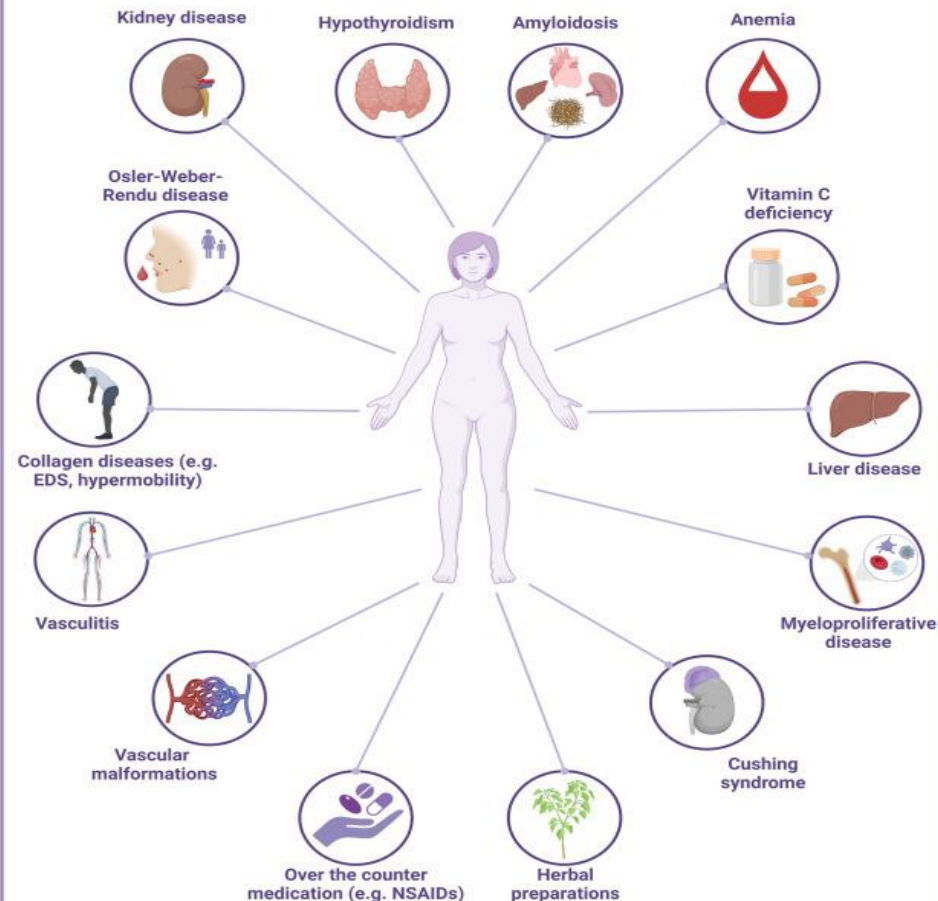
Phenotypic assessment of bleeding is central to the diagnosis of BDUC



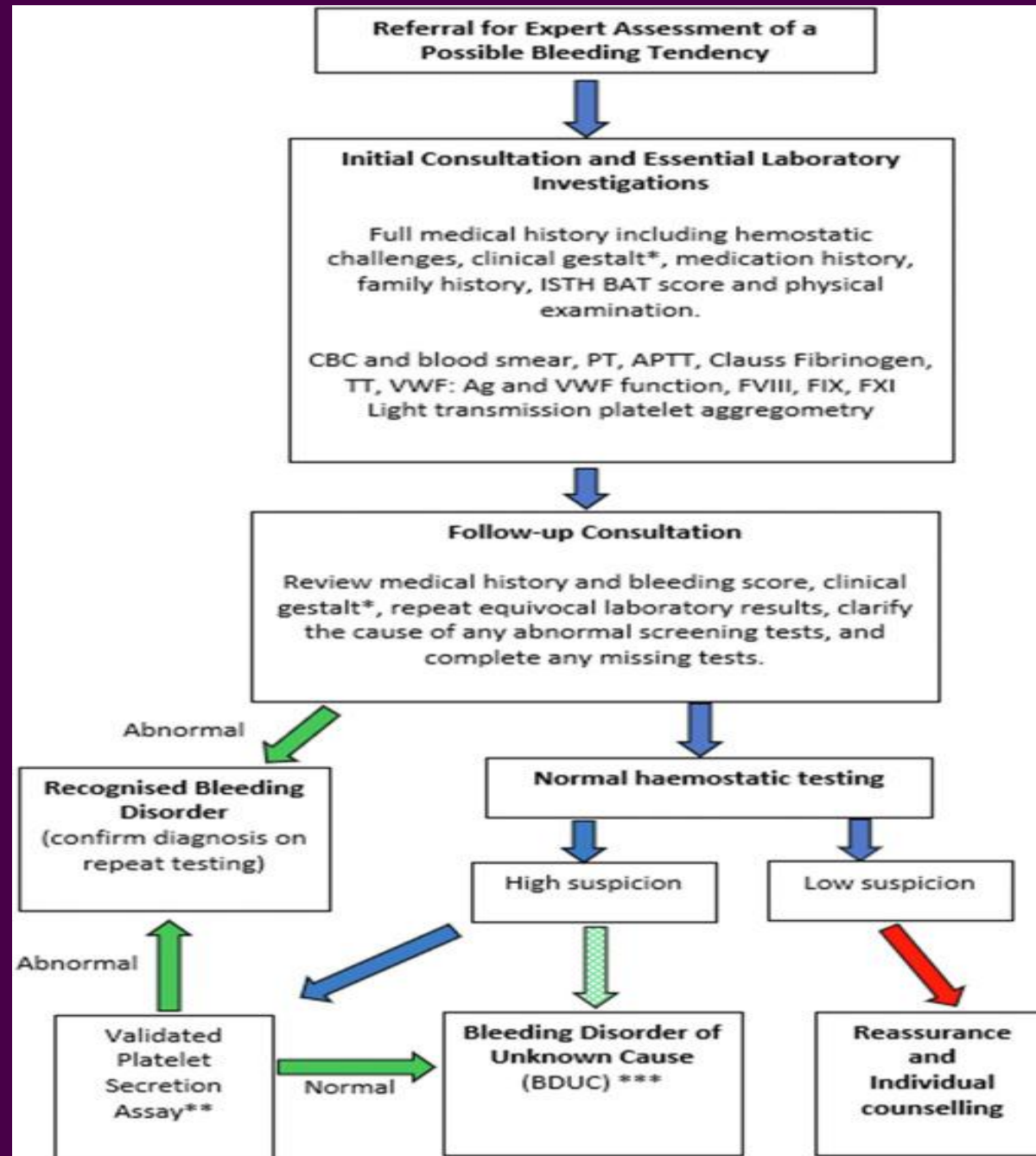
## Exclusion of **non-hemostatic causes** for a bleeding tendency\*

### 7. Other causes for bleeding

Other conditions are associated with an increased bleeding tendency, without detectable abnormalities in the coagulation cascade.<sup>15</sup> To exclude other causes, additional (laboratory) tests should be performed when clinically indicated.



1. CBC
2. PT
3. aPTT
4. TT
5. VWF:Ag
6. VWF:activity
7. F VIII, IX, and XI
8. Platelet LTA



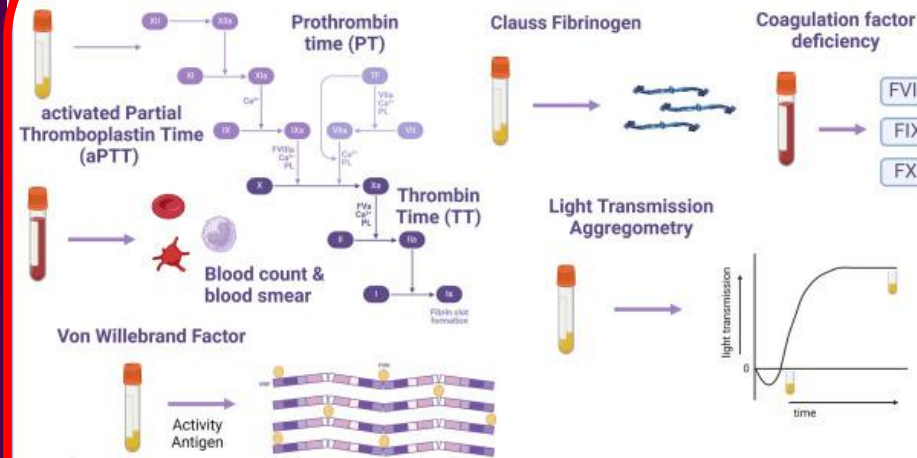
## Standardization of definition and management for bleeding disorder of unknown cause: communication from the SSC of the ISTH

Ross I. Baker<sup>1,2,3,4</sup> | Philip Choi<sup>5,6</sup> | Nicola Curry<sup>7,8</sup> | Johanna Gebhart<sup>9</sup> | Keith Gomez<sup>10</sup> | Yvonne Henskens<sup>11,12</sup> | Floor Heubel-Moenen<sup>13</sup> | Paula James<sup>14</sup> | Rezan Abdul Kadir<sup>15,16</sup> | Peter Kouides<sup>17</sup> | Michelle Lavin<sup>4,18,19</sup> | Marie Lordkipanidze<sup>20,21</sup> | Gillian Lowe<sup>22</sup> | Andrew Mumford<sup>23</sup> | Nicola Mutch<sup>24,25</sup> | Michael Nagler<sup>26,27</sup> | Maha Othman<sup>28,29,30</sup> | Ingrid Pabinger<sup>9</sup> | Robert Sidonio<sup>31</sup> | Will Thomas<sup>32</sup> | James S. O'Donnell<sup>4,18,19</sup> | on behalf of the ISTH SSC Von Willebrand Factor, Platelet Physiology, and Women's Health Issues in Thrombosis and Haemostasis

## 6. Laboratory tests

Laboratory testing is indispensable in the diagnostic process of bleeding disorders. Various diagnostic algorithms for laboratory testing leading to BDUC diagnosis have been described. Recently, the ISTH SSC recommended a stepwise approach.<sup>2</sup> In addition, other causes for bleeding symptoms should be excluded.<sup>15</sup> In case of a clinically relevant bleeding tendency without any abnormal laboratory test results, BDUC may be diagnosed.

### 1 Essential Laboratory Investigations

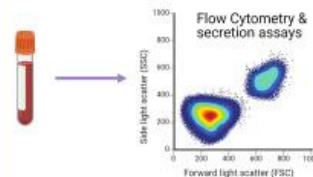


Mild coagulation factor deficiencies can be missed when using primary and secondary hemostatic screening laboratory tests!

### 2 Specific Laboratory Investigations (if available)

Additional laboratory tests can be performed if available. These investigations can include platelet assays, fibrinolysis assays, rare clotting factor deficiencies and other specialized assays.<sup>2</sup>

#### Platelet function

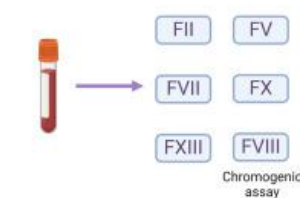


#### Fibrinolysis assays



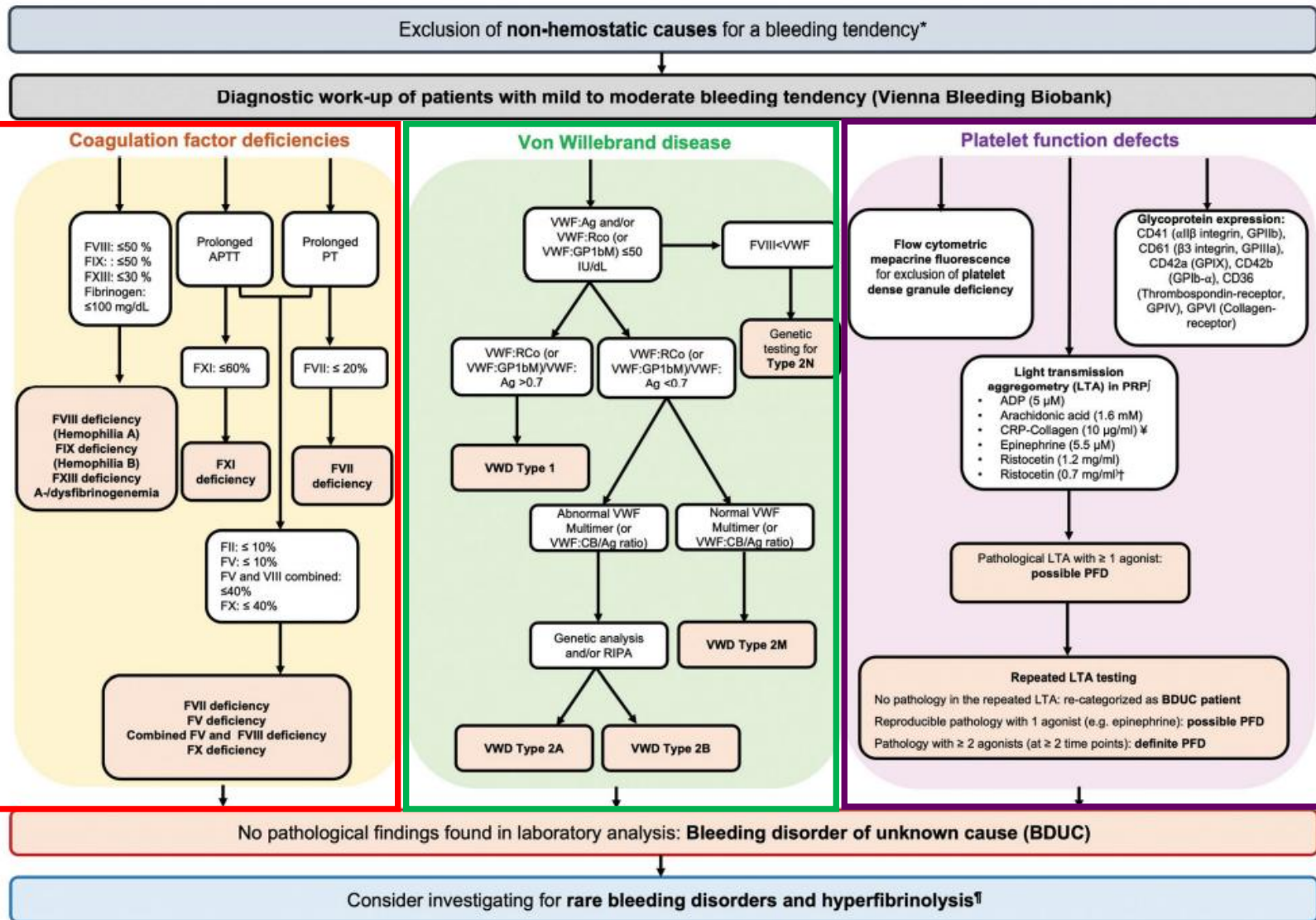
Plasmin, Euglobulin clot lysis time, PAI-1, tPA, α2-antiplasmin

#### Rare clotting factor deficiencies



Platelet **LTA** should be performed as a minimum assessment of platelet function and, if possible, platelet-dense granule assessment. Further specialized platelet investigations in expert laboratories will identify additional rare IPFD in some MBD patients.





# 11. Advanced hemostatic laboratory testing

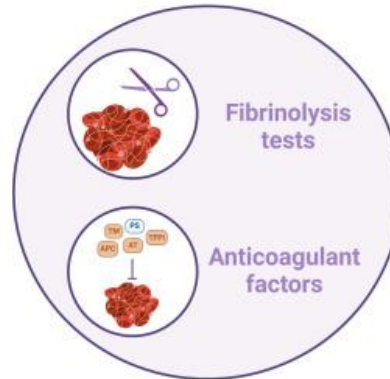
Besides the broadly available hemostatic laboratory tests, additionally more advanced hemostatic laboratory tests can be used to investigate underlying pathophysiological mechanisms.



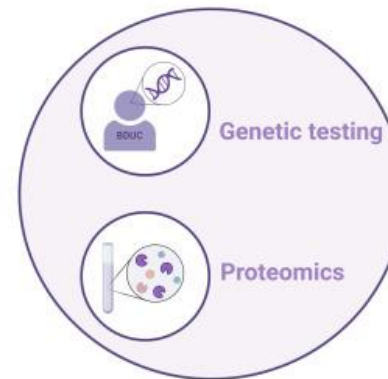
These tests are currently mainly used in research settings and their diagnostic value in the BDUC population is unclear.



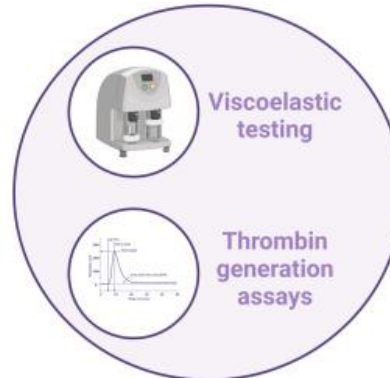
## Functional testing



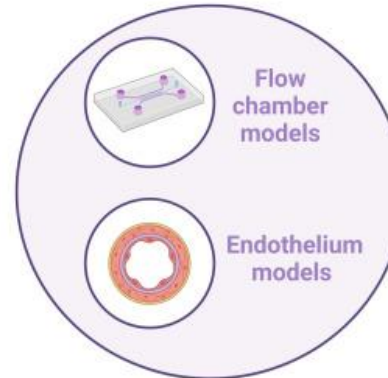
## Genomics and proteomics



## Global hemostasis



## Microfluidics

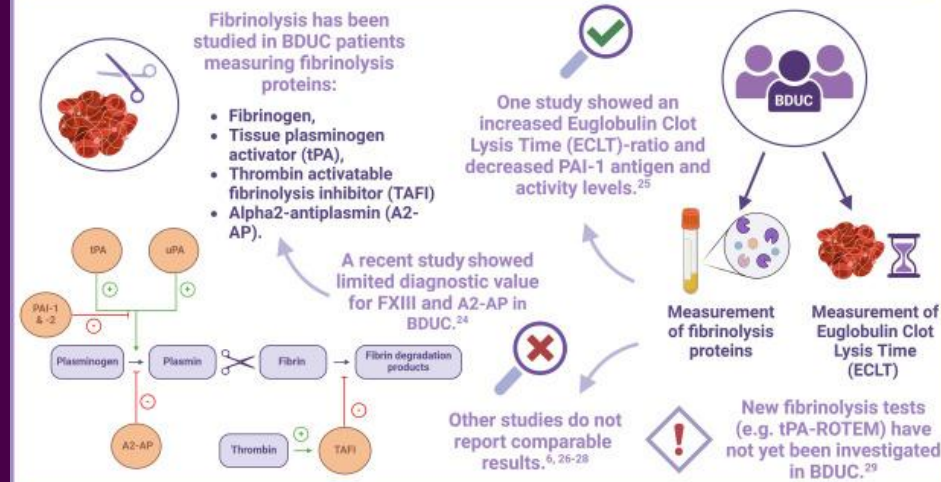


In the next four capsules current research and knowledge gaps on advanced hemostatic laboratory testing in BDUC are highlighted.

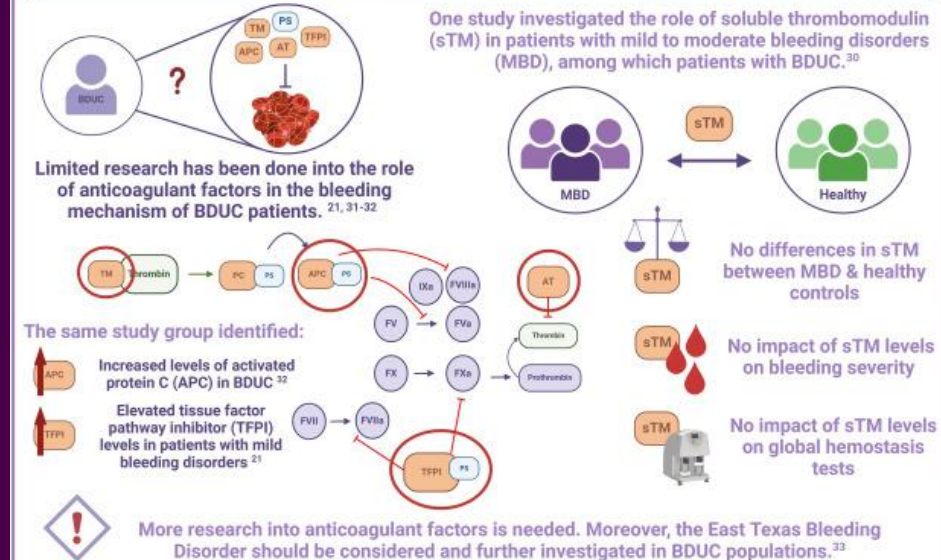


## 12. Functional testing

### Fibrinolysis tests



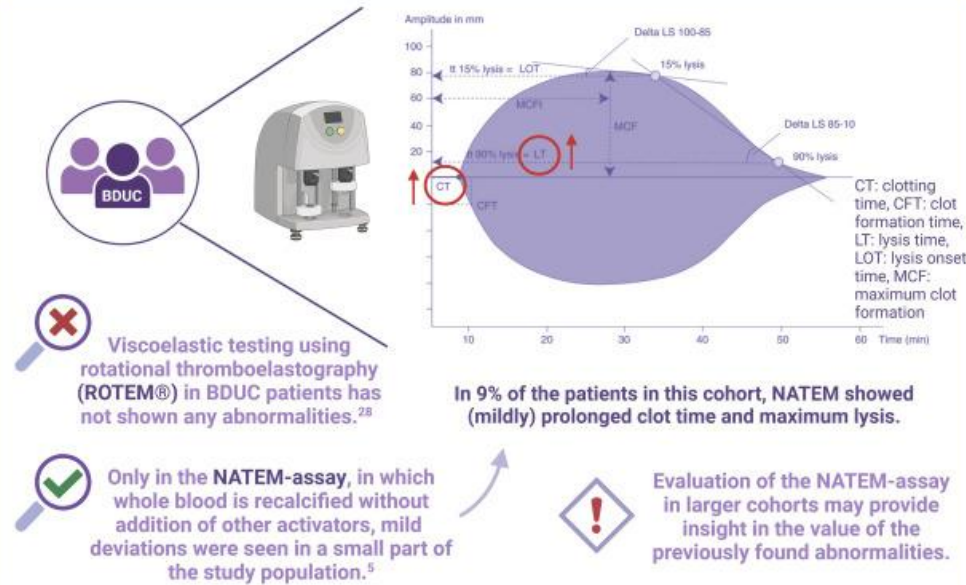
### Anticoagulant factors



Abnormalities in the fibrinolytic pathway may be identified in some BDUC patients, but the clinical utility for diagnosis remains unclear and **not routinely recommended** for diagnosis of BDUC

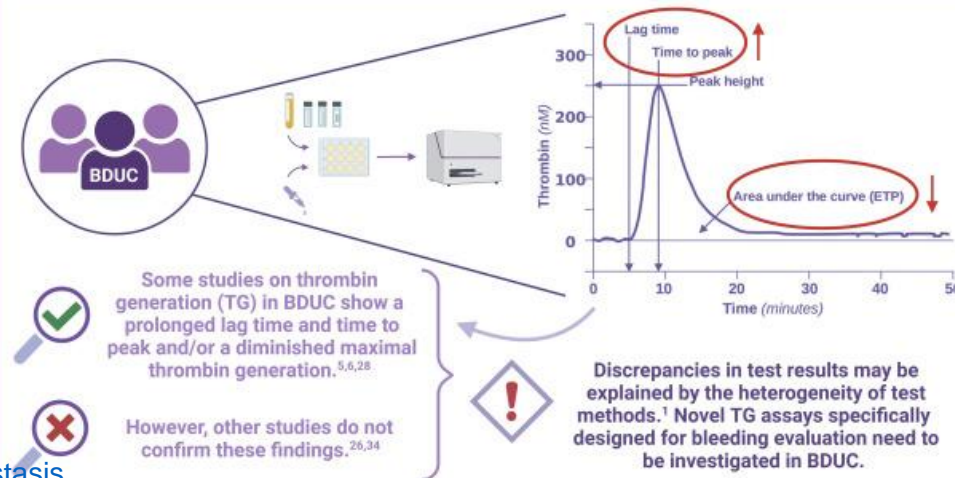
### 13. Global hemostasis

#### Viscoelastic testing



Although global hemostatic tests may demonstrate variable abnormalities in a minority of BDUC patients, they are not recommended for routine diagnosis or management

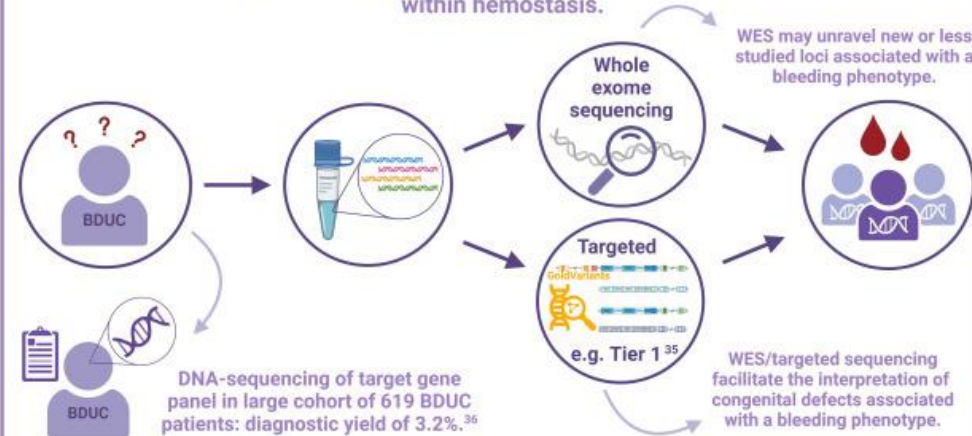
#### Thrombin generation assays



## 14. Genomics & proteomics

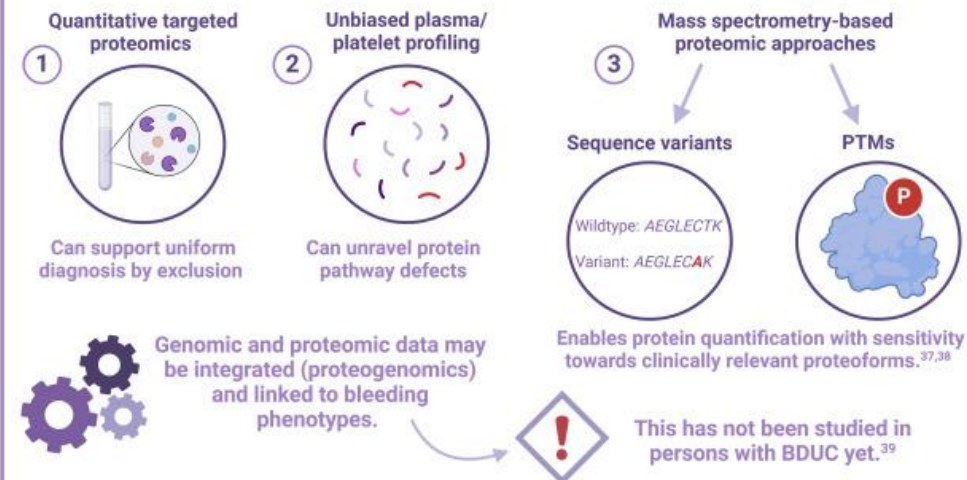
### Genomics

The etiology underlying BDUC may be caused by a genetic abnormality. Exome variants resulting in altered protein biosynthesis may affect protein functionality within hemostasis.



### Proteomics

Powerful strategy to screen for rare protein deficiencies or abnormal protein signatures.



- **Routine genetic testing is not indicated** for BDUC
- Patients **should be considered for enrolment in research studies** that enable more expansive phenotypic and genomic testing.



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# Bleeding Disorder of Unknown Cause (BDUC)

- We recommend :

*“Bleeding disorder of unknown cause”* be used

- 1- in preference to other terminology for classification f
- 2- patients with a **bleeding phenotype** in whom **hemostatic investigations are normal**
















# The 14<sup>th</sup>

## International Congress of The Iranian Society of Hematopoietic Stem Cell Transplantation (ISHSCT) and The 23<sup>rd</sup> National Congress of Hematology (The First Joint Congress)

26 - 28 Feb. 2025  
Tehran Heart Center, Tehran, Iran

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**چهاردهمین کنگره  
انجمن علمی  
پیوند سلولهای بنیادی خون ساز  
و بیست و سومین کنگره سراسری  
هماتولوژی ایران (اولین کنگره مشترک)**

۱۴۰۳ اسفندماه ۱۰ تا ۸  
مرکز قلب تهران

